

**Sir Vithaldas Thackersey College of Home Science  
(Autonomous)  
S.N.D.T. Women's University, Mumbai.**

**EK BHARAT SHRESHTHA BHARAT (EBSB)**

**A cultural exchange Programme between Maharashtra and Odisha**

**Activities conducted from December 2019 to February 2020**

**Orientation of EBSB :** The students of B. Sc Home Science were oriented about the Ek Bharat Shreshtha Bharat ( EBSB ) cultural exchange program which is initiated by the Government of India, Ministry of Human Resource Development on 10<sup>TH</sup> of January 2020 by the Nodal officer Ms. Sangeeta Chhowala.

As per the directive from Rashtriya Uchchatar Shiksha Abhiyan (RUSA) the Maharastra state is paired with Odisha state to carry on the cultural exchange programme from Dec.2019-March 2020.

Under this program students of one state should learn the linguistic and cultural aspects of the other state covering history, culture, language , art forms , tourism , cuisine , festivals , heritage , architecture , clothing etc.

Students were informed about the EBSB days to be celebrated spread across this semester.

As per the scheduled activities one Notice board is allotted to display the activities regarding the cultural exchange program.

At the end, an EBSB club was formed with the enrolment of 120 students on the same day. A Whatsapp group was also formed on the very same day.



Ms. Sangeeta Chhowala, Nodal officer orienting students about the EBSB Program

The students were given the schedule of the activities to be performed by SVT College of H. Sc (Autonomous) under the EK BHARAT SHRESHTHA BHARAT ( EBSB ) campaign which is as follows:-

S. No	Name & Nature of activity ( Lecture / PPT/ workshop/ demonstration)	Name of the Resource Person	No. of hours and duration	Date of the activity
1.	Session on Odia Language	Ms. Nivedita Mohanty, Faculty at PV Polytechnic , SNTD Women's University	04 ( 100 min + 100 min )	16 <sup>th</sup> January 2020 23 <sup>rd</sup> January 2020
2.	Odisha Tourism and Culture	Ms. Delnaz, Faculty, RM Dept. SVT College of H. Sc	02 (100 min )	4 <sup>th</sup> February 2020
3.	Odisha Food and Cuisines	Ms. Manita Singh and Ms. Zainab Pathariya, Facutly Food Nutrition and Dietetics Department	02 (100 min.)	13 <sup>th</sup> March 2020

4.	Odisha Textiles and Handicraft Odisha	Dr. Armaity shukla , Ms. Vidya thakur, Faculty , Textiles and apparel Designing	02 (100 min. )	18 <sup>th</sup> March 2020
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### Session One: “Odia Language” on 16<sup>th</sup> January 2020

As per the schedule the first session of EBSB cultural exchange program was held on ‘Odia language’ was held on January 16, 2020 at Sir Vithaldas College of Home Science (Autonomous). It was held in one of the big classrooms (110) in the college where a total number of 120 participants were present. The teachers in-charge and the student co-ordinators both helped in organizing this session.

An external speaker Ms. Nivedita Mohanty was called to introduce the state of Odisha to the students. Ms Sangeeta Chhowala introduced her to all the students. Ms. Nivedita is a post-graduate from the stream of Home science and specializes in Fashion. She has also completed her Entrepreneur Management from N.M. College, Mumbai and has been teaching Fashion designing for over 11 years. She’s from Odisha and possess a lot of knowledge about her background hence she was chosen as the speaker.



The first session focused on the basics of the Odia language such as the alphabets, the numeric and the pronunciation. It was a fun and interactive session between the students and the speaker. The speaker also shared a lot of her experiences in order to make the process of learning more enjoyable for everyone. A sheet of paper was given to the students which had the alphabets, numbers and their pronunciation given to help students understand better. Overall the students loved this new experience and at the end were hoping to continue with the campaign with more such sessions.



### **Ssession two: “Odia culture” on 23<sup>rd</sup> January 2020**

The second session started with a revision of Odia, native language of Odisha, which was taught in the first session. In the first session the students learned some alphabets, numbers and how to pronounce them.

In the second session the students learnt how to introduce themselves in Odia language and were also taught simple proverbs and their comparison with Marathi, Hindi and English languages.

The second half of the session mainly focused on the Culture of Odisha. It comprised of food, architecture, art culture, music and dance.

#### **Food:**

The students also learned that the street food of Orissa consisted of the delicious Dahibara –Aloo dum and chhennapoda (a roasted cheese dessert) etc. Dahibara an Indian item, has a different taste and appeal for the way it is garnished. Dipped in buttermilk and sprinkled with spicy herbs and served with chutneys and aloo-duma potato-based dish, is prepared with blending of several spices and herbs. Rasagolla, one of the most popular desserts in India, is an extension of the cuisine of Orissa.





### **Architecture and Art work:**

The architecture of Odisha includes; the finesse and grandeur of Odisha's architecture which is exhibited in the temples .The most important are the Lingaraja Temple, Bhubaneswar, Jagannath Temple at Puri and the great Sun Temple at Konark. The sun temple reflects the remarkable work of architects that they envisioned and went through with it. It is a UNESCO World Heritage Site; the precision and intricacy of its sculptural work is worth seeing.



The best-known arts of Odisha are Pattachitra (cloth painting), sand art, silver filigree, applique work. Applique work is a craft involves embroidery and stitching with occasional mirror work. Sand art is practiced on the beaches of Puri with subjects ranging from Hindu deities to international occasions.



One of the most famous songs of Odissi culture includes Sona Mohapatra's Coke Studio track Rangabati. It was recreated in many other languages of India and is one of the most famous songs till date.

As the session came to an end ,the song ‘Rangabati’ was played and the teachers and students danced together in the famous Odissi way. At the end, one of the student proposed vote of thanks in Odia Language with the help of basic knowledge which was imparted in the sessions. It was a very informative and fun session.



### **Session three: “ Odisha Tourism” on 4<sup>th</sup> February 2020**

Filled with exquisite temples and extraordinary monuments, home to many thousands of artists and craftsmen; possessing beaches, wildlife sanctuaries, and natural landscape of enchanting beauty, Odisha is a unique and fascinating land that is, nevertheless, still largely undiscovered by tourists. However, the



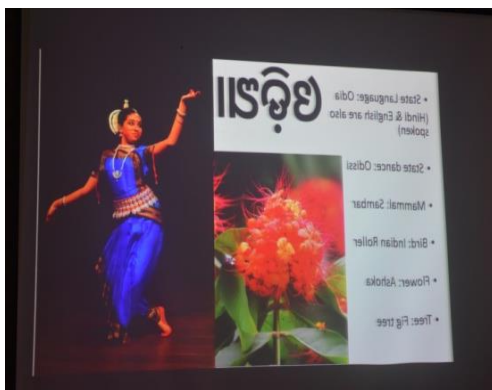
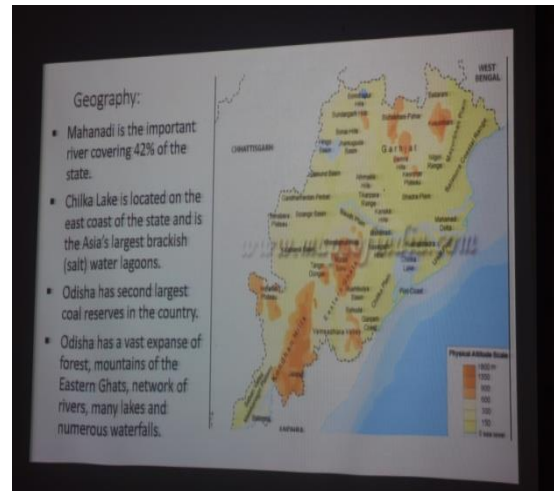
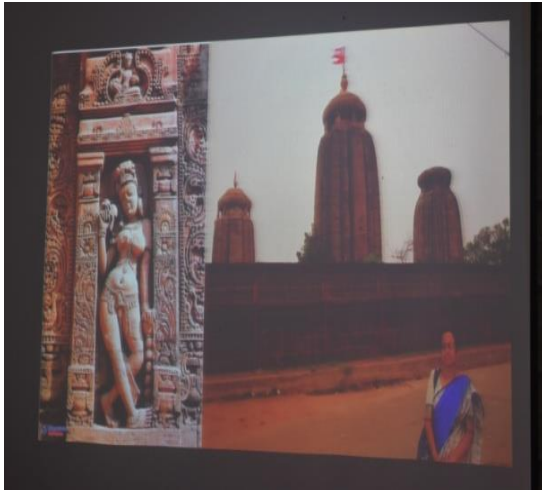
students of SVT College of Home Science, SNT Women's University received a special opportunity to travel to Odisha vicariously under the third session of EBSB (Ek Bharat Shrestha Bharat) program on 4<sup>th</sup> February 2020.

The third session on "Odisha tourism" was conducted by Ms. Delnaz, faculty Of Resource management who was very well informed about Odisha and the same was reflected as she conducted the whole session. The students were informed with the use of a presentation which made the session more interactive and livelier. The students first got to know some facts about the state followed by the geographical placing of Odisha. Major attractions were highlighted such as Mahanadi which is the important river covering 42% of the state and Chilka Lake which is located on the east coast of the state and is the Asia's largest brackish (salt) water lagoons.



The students were then informed about the major cities within the state along with highlighting the diverse attractions within each city. Bhubaneshwar is one of the major cities of Odisha which is the largest, most ancient city and thus, also the capital city of Odisha. Many temples built from sandstone are dotted around the Bindu Sagar Lake, including the 11<sup>th</sup> century Lingaraja Temple. The main attractions of Bhubaneshwar include - Lingaraja Temple, Odisha State Museum, Nandankanan Zoological Park & botanical garden, Udayagiri and Khandagiri Caves. A briefing about each of these attractions was also given as how the Lingaraja temple which has the deity known as Swayambhulinga reaches a height of 180 ft, whereas the Udayagiri & Khandagiri Caves are one of the oldest surviving caves in the country dating back to 1<sup>st</sup> and 2<sup>nd</sup> century.





The students enjoyed all the enlightening sessions and are looking forward for such more sessions as virtually it took them to Odisha .

The EBSB club has planned few more activities as per the schedule given like Poster competition on Odisha state and the display of posters on Notice board, Session on OdishaTextiles and a small Cultural Programme by the students in the coming weeks of February and March 2020.

